

MINERVA REX
ALCOHOL ABUSE by BILLY YATES
40 COUNTS
By C.C.K (Cickin Crystal Kimmey)

- 1 R HEEL FORWARD
- 2 R HITCH
- 3 KICK R HEEL
- 4 KICK R HEEL
- & (BRING R BACK AS L GOES FORWARD)
- 5-8 SAME AS ABOVE EXCEPT WITH LEFT FOOT

- 1 STEP L TO L
- 2 STEP R BEHIND L
- 3 STEP L TO L
- 4 STEP R OVER L
- 5 ½ TURN UNWIND
- 6 STEP R FORWARD
- 7 ½ TURN TO L
- 8 HOLD (OR SCUFF R FOOT AS YOU COME AROUND THE TURN)

- 1&2 R SHUFFLE (R,L,R) FORWARD
- 3&4 L SHUFFLE (L,R,L) FORWARD
- 5 KICK R FORWARD
- 6 KICK R FORWARD
- 7 STEP R BACK
- 8 ½ TURN TO R

- 1 STEP L TOE FORWARD
- 2 DROP L FOOT
- 3 STEP R TOE FORWARD
- 4 DROP R FOOT
- 5 KICK L FORWARD
- 6 KICK L FORWARD
- 7 STEP L BACK
- 8 ¼ TURN TO L

(LIKE A DRUNK BACKWARDS ZIG ZAG)

- 1 R OVER L
- 2 L BACK
- 3 R TO R
- 4 L OVER R
- 5 R TO R
- 6 L TO L
- 7 R OVER L
- 8 L BACK